

DRVN FIT, LLC

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COVID-19 Reopening Guidelines

June 10, 2020

PURPOSE

1. To provide written guidance for **DRVN FIT** to facilitate and support a safe, clean environment for clients/members and staff

PROTOCOLS FOR EMPLOYEES:

- Each employee will be provided education and resources on updated transmission and prevention of COVID-19 via CDC, county health officers, and state guidelines.
- Facility will conduct temperature checks on each employee, vendor, or other workers entering the facility prior to entering or starting the first shift of each day worked.
 - Both parties must wear face coverings during temperature screening.
- Facility will ensure employees/vendors/other workers have not had contact with anyone known to have been diagnosed with COVID-19 or anyone who has exhibited symptoms of COVID-19 within the past 24 hours.
- Facility will ensure employees/vendors/other workers do not come to work if they have had symptoms of COVID-19 such as, but not limited to: cough, fever, difficulty breathing, chills, muscle pain, sore throat, recent loss of taste or smell, etc.
- Facility will provide training to ensure each employee is educated with proper hand washing techniques with signs posted for reminders/cues.
 - Employees must wash their hands before and after each class, after using the restroom, and after touching their eyes, nose, mouth, or face coverings
- Employees will be educated on proper use of face coverings with topics to include:
 - Donning and doffing face coverings
 - Face coverings do not protect the wearer and are not personal protective equipment (PPE).

DRVN FIT COVID-19 Reopening Guidelines (cont.)

- Face coverings can help protect people near the wearer, but do not replace the need for physical distancing and frequent handwashing.
- Face coverings must cover the nose *and* mouth.
- Employees must wash hands or sanitize hands before and after using or adjusting face coverings.
- Avoid touching eyes, nose, and mouth.
- Employees are to have face coverings available and wear them while in the fitness facility, offices, or any company owned vehicles, especially when physical distancing cannot be maintained or providing close contact instruction.
 - Face coverings are not to be shared and must be washed (if possible) or discarded after use.

Protocols for Clients/Members

- Facility will utilize a web based reservation system. Reservations must be made at least 24 hours prior to class.
 - Patrons will be screened to ensure they are not currently experiencing COVID-19 symptoms such as cough, fever, sore throat, recent loss of taste or smell, difficulty breathing, chills, muscle pain, etc., or if they have been in contact with someone diagnosed with or experiencing these symptoms within the past 24 hours.
- Each client or member will be required to sanitize hands upon entering and exiting the facility, using the restroom, or adjusting face coverings.
- Patrons must wear face covering when entering and leaving the facility, and at all times while in the facility.
 - Face coverings are not to be shared and must be washed (if possible) or discarded after use.
 - Recommendations for face coverings will be shared by the facility and may be available for purchase as supplies last. Patrons may choose to wear their own face coverings, but if they so choose, must be made aware of the health risks with using cloth or medical masks during exercise that may lead to serious health issues including but not limited to respiratory issues, mental disorientation, and in some cases even death.
 - Special accommodation must be made for those unable to wear face coverings due to medical conditions or those protected under ADA act.

DRVN FIT COVID-19 Reopening Guidelines (cont.)

- Temperature screenings will be conducted prior to entering the facility for all clients/members.
 - Both client/member and staff will wear face covering for screenings.
 - Staff will ensure patrons are not currently experiencing or have not experienced COVID-19 symptoms within the past 24 hours.
 - Those who are currently experiencing symptoms will be encouraged to stay home and may be refused service.
- Workstations will be clearly marked for each member with (1) member/client per station. Each station will be created to adhere to physical distancing of at least six feet between each patron.
 - Each workstation will be equipped with personal receptacles for patrons to store their personal belongings during workout.
- All members/clients will be required to wipe down all equipment before and after each use.
 - Cleaning supplies will be provided by facility and adhere to Cal/OSHA requirements using EPA-registered disinfectants.
- Patrons will be encouraged to bring their own towels and/or mats if needed.
- Whenever possible, patrons are discouraged from utilizing water dispensers for use with personal, reusable water bottles or single-use disposable paper cups. If this is not feasible, staff and patrons should wash their hands or use proper hand sanitizer before and after touching the water release button on water dispenser.
- Staff and patrons should avoid shaking hands, bumping fists or elbows, and other physical contact. Staff and patrons should adhere to physical distancing guidelines at all times when possible while in facility.

Physical Distancing Guidelines

- Workout stations for each class will be implemented to ensure physical distancing of at least six feet between and among patrons and workers. Workout stations will be clearly marked with colored tape and will provide adequate space for exercises during each class.
- Member lounge/lobby, cubby/locker areas will be temporarily closed. Patrons are discouraged from congregating in our lobby/reception area. Only those patrons that are actually exercising should be inside the facility.

DRVN FIT COVID-19 Reopening Guidelines (cont.)

- Facility will utilize a web-based reservation system to help maintain occupancy levels based on physical distancing guidelines and capacity of the facility to maintain adequate exercise stations.
 - Class sizes will be reduced to permit for such distancing and avoid sharing of equipment or tools.
- Facility will implement one-way foot traffic patterns throughout the facility with signs as cues:
 - All patrons will be **entering** through **West** Garage Door and **exit** through **East** Garage Door.
- Communal furniture will be removed and discouraged from use temporarily.
- Staff and patrons should continue to adhere to physical distancing guidelines when waiting for communal restrooms such as to not congregate at entrances while waiting and ensure maintaining at least six feet of distance between all other patrons and staff.
- Trainers must use face coverings and avoid any close contact. Patrons are required to use face coverings when receiving instruction. Group classes will be offered only if physical distancing requirements can be maintained and there is no person-to-person contact.
- Front desk/reception (when open) will be equipped with Plexiglas or other impermeable barriers to minimize close contact between patrons and staff. When possible, staff will utilize virtual or no person-to-person contact tools for all interactions.
- Meetings between any staff members and/or patrons should continue to maintain physical distancing or utilize virtual options if necessary.
- Employees will be designated a special break area to maintain physical distancing requirements and allow for removal of face coverings safely. Employees will be discouraged from congregating during breaks unless they are from the same household.
 - Employees will wash hands before and after each break, after using restrooms, and before and after donning and doffing face covering.

Cleaning and Disinfecting Protocols

- Hours of operation will be modified to provide adequate time for regular, thorough cleaning and disinfecting throughout the day.
- Special attention will be given to high traffic areas with regular and frequent cleaning and disinfection of high touch areas such as door knobs, light switches, phones, sink faucets, etc.

DRVN FIT COVID-19 Reopening Guidelines (cont.)

- Staff and patrons are required to wash hands or use proper hand sanitizer prior to and after each class.
- Patrons will be required to wipe and disinfect all equipment after each use. Cleaning supplies will be provided by facility following Cal/OSHA requirements using EPA-registered disinfectants. Sanitizing wipes will be provided when available to disinfect equipment. Sanitizing wipes must be disposed of properly in non-touch trash receptacles.
- While patrons are required to disinfect equipment prior to and after use, employees are responsible to ensure that all equipment is properly cleaned and disinfected and that all wipes or disposable towels are disposed of in a non-touch trash receptacle.
- Employees will be trained on proper use and have adequate supply of all purpose cleaners and disinfectants, when needed.
- Employees must use gloves and proper face coverings when cleaning and disinfecting facility areas between classes.
- Employees should have enough ventilation in areas where they are disinfecting. If employees are disinfecting smaller spaces such as bathrooms or lobby reception areas, doors should be propped open to allow such ventilation.
- Restrooms should be cleaned regularly throughout the day using EPA-registered disinfectants. High touch surfaces such as faucets, toilets, doorknobs, and light switches must be frequently cleaned and disinfected.
- Facility will post a cleaning schedule for each restroom facility to track how often cleaning is conducted.
- Trash receptacles should be emptied regularly.
- Visible signs will be posted in each restroom to provide information on how to wash hands properly.
- Entrances, exits, and common areas will be equipped with proper sanitation products, including hand sanitizer and/or sanitizing wipes. Staff members who regularly engage with patrons will receive personal hand sanitizers for more frequent use.
- Signage will be visible throughout the fitness facility emphasizing basic infection prevention measures, including the importance of face coverings and frequent hand washing.